



Special Education Virtual Learning

# High School Transition- Wearing Deodorant

May 1, 2020



# Special Education Transition

## Lesson: May 1, 2020

**Learning Target:**  
Students will independently put on deodorant

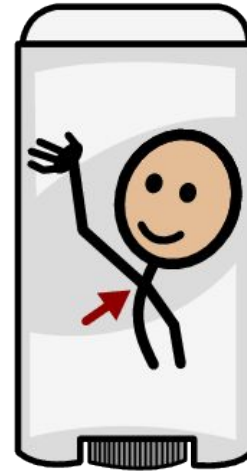
# Background: This is a review lesson for putting on deodorant

- Students learn why deodorant is important
- Students will learn to independently put on deodorant

## Let's Get Started:

Watch Videos below:

1. [What causes body odor?](#)
2. [Science behind sweating](#)









# Practice #1:








Deodorant

 Sometimes  my  armpits  get  sweaty and  stinky.

 This  happens to  everyone as  they  get  older.

 I  don't have to  stink,  I can  smell  good.

 I can  shower  and then  I can  use deodorant.

 I can  put  deodorant  on  my  armpits.

 First  I  take off the  cap.  I  might  need to  roll it











What do you do first when you put on deodorant?

Remember, if you are unsure of an answer, reread the text.

# Practice #2:

 up  so  the  deodorant  is  at the top.

 I  lift  up  my  shirt  and  roll  the  deodorant

 on  my  armpit.  I  move it  back,  forth  and  back  again.

 Next  I  put  deodorant  on  my  other  armpit!

 Now  I  won't  stink.  I  will  smell nice!

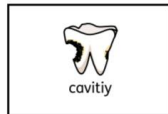
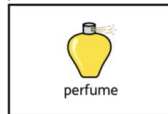
 I can  put on deodorant.






Remember,  
there can be  
more than 2  
different  
answers.

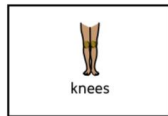
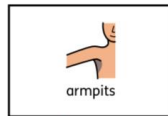
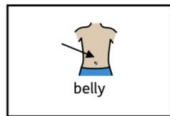
Where is a  
good spot  
to keep  
your  
deodorant  
at school  
and home?

# Practice #3:

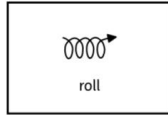
1 ?    
1. What happens to armpits?




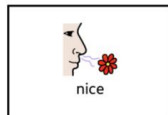
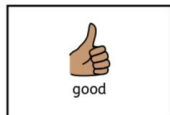
2       
2. Where can you put deodorant?



3 ?     
3. How do you apply deodorant?



4 ?     
4. How do you want to smell?



Remember to ask for help if you need it.

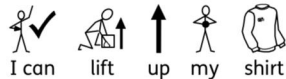
# Practice on your own:

## Practice: Deodorant

(Remember to apply deodorant in a private area like a bathroom or locker room)



with support    with verbal reminder    independently



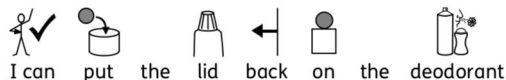
with support    with verbal reminder    independently



with support    with verbal reminder    independently



with support    with verbal reminder    independently



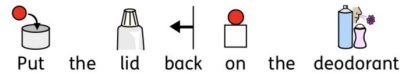
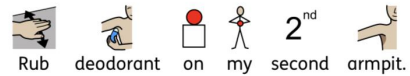
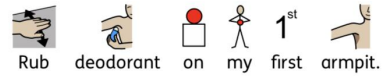
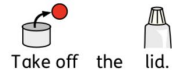
with support    with verbal reminder    independently



# MORE Practice on your own:



## Put on Deodorant





# Independent Practice

1. Read the Social Story
2. Find deodorant in an online ad for the grocery store or from a grocery store ad you have at home.

## My Deodorant Story

When you get hot your underarms sweat.



This can make a stinky smell ..



Make the smell go away by washing or having a shower every day.



When your armpits are clean and dry, you can put on deodorant.

spray can,



roll-on



or solid stick?



What kind do you like?




Your friends will think you're really swell, when you have armpits that don't smell.

## Self Check:

Make sure you are putting on deodorant each morning.



1. Can you complete this skill?

- Independently 
- I needed some prompts 
- I needed a lot of help 

2. When you run out of deodorant, tell a parent you need to add it to the grocery list.